



Mid Hudson RPC - Regional Training “Understanding Stages of Change”

Participants Were Able To:

- Identify Stages of Change
- Understand each stage and how/where a client fits
- Develop tools and best practices to address the needs of a client no matter what stage is identified

Details:

- **Location:** Dutchess County Dept. of Behavioral & Community Health
- **Date:** January 30, 2020
- **Time:** 9:30 AM -12:30 PM

In Attendance:

- County COSOC Leads
- Providers
- LGUs

Thank You To:

- Rusty Foster of CPI
- Dutchess County Dept. of Behavioral & Community Services